This visual model of the program is a cycle and includes:

- A mentor and an apprentice speaking only their language, no English
- Setting language goals and a schedule to spend time together speaking only the language for at least 50 hours per month
- Oral communication, daily activities, cultural knowledge activities and language games make up the bulk of time that the mentor and apprentice spend together. Language learning should be natural and fun and should include learning to speak about culturally relevant topics and topics related to daily life.
- Self-assessment to see how much language the apprentice has learned and where she or he can improve, and a language demonstration to show speakers, Elders and/or community members how the apprentice has progressed. It is important to get input from community members who are knowledgeable about the language.
- Re-setting language goals and revising your schedule if necessary. It is important to always look for ways to improve your learning and get the most out of your time spent together.