



Contract Position
Co-instructor - Mental Health Specialist, CBT
Multiple Locations in British Columbia

The First Peoples' Cultural Council is a First Nations-run crown corporation mandated to support Indigenous language, arts and culture revitalization in British Columbia, and is based in Victoria, B.C. We are looking for a Mental Health Specialist with experience in Cognitive Behavioural Therapy for a contract position to support the effective administration and delivery of the 10 week course: *Reclaiming My Language: A Course for Silent Speakers*.

Background

This program is based on a successful model that has been implemented and delivered in Norway and Sweden by and for Indigenous Sami peoples. The model uses Cognitive Behavioural Therapy (CBT) to support silent speakers (people who know a language but do not use it) to overcome barriers to using their Indigenous language in their communities.

Position

The Co-instructor (Mental Health Specialist) will lead a 10-week course as part of a language revitalization program entitled *Reclaiming My Language: A Course for Silent Speakers*. Each course will be co-instructed by a Co-Instructor Community Specialist who is based in the community where the course is being held. This is a limited-term contract position. Courses will be held in 2019 in several communities across British Columbia and we are looking to fill several positions. Specific locations in B.C. are yet to be determined, as pilot program proposals are currently being considered. Travel fees will be included in the position if needed. The position reports to the Research & Development Linguist.

B. Responsibilities

- Co-lead 10-week course. Instruct participants in developing CBT skills.
- Develop CBT-related materials for course.
- Connect participants with mental health resources and trauma and emergency services as required.
- Participate in team meetings as required.
- Assist with program evaluation and reporting as required.
- Perform other related duties as required.
- Travel may be required.

C. Education & Experience

Candidates should have the background and experience as outlined below:

Education and Experience:

- Bachelor or Master's degree in clinical psychology, counselling or social work or Registered Nurse with a two (2) or more years' experience providing counselling services in mental health.
- Eligible to be registered by their respective professional bodies.

OR:

COMMITTED TO THE REVITALIZATION OF B.C.'S ABORIGINAL LANGUAGES, ARTS AND CULTURES



- Accreditation in nursing, counselling or other relevant health care discipline plus at least five (5) years' recent experience working with adults in mental health settings, including experience working with the First Nations community or an equivalent combination of education, training and experience.

Additional experience:

- Experience practicing Cognitive Behavioural Therapy is required.
- Knowledge of First Nations mental health issues, especially Residential School trauma, is required.
- Knowledge of B.C. First Nations with a particular interest in language is an asset.
- Experience leading courses or group therapy sessions is an asset.

Skills and Abilities

Must possess demonstrated ability as outlined below:

- Have a demonstrated ability to work collaboratively (to co-lead course).
- Be able to work collaboratively to creatively develop content.
- Be flexible to changing situations, circumstances and requirements.
- Be sensitive to participants' cultures and differing worldviews.

Job Requirements

- Excellent oral and written communication skills.
- Demonstrated tact and judgment in interpersonal relationships.
- Ability to respond effectively to sensitive issues, inquiries and complaints.

How to Apply:

Consideration Deadline: We are accepting applications on an ongoing basis but applications submitted by November 19, 2018 will be considered for courses in early 2019. This application is not specific to a location as programs are currently being developed and the communities are not yet known. Travel fees will be included in the position if needed. For more information on the First Peoples' Cultural Council, please visit www.fpcc.ca. For more information on the Silent Speakers program visit

Send a current resume or CV and a cover letter explaining your interest in this position to:

Suzanne Gessner, Research & Development Linguist
Email: suzanne@fpcc.ca
Tel: (604) 328-1210
Fax: (250) 652-5953

***We encourage applications from individuals with Indigenous ancestry.
Only those chosen for consideration will be contacted.
All applications will be treated with strict confidentiality.***